



# Genius Way

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# Summary

- Initially we look for truths, then a truth.
- We then seek his truth.
- Then we find happiness.
- His thought takes on value with Plato.
- When we find an answer, we can look for the truth.
- Ideas for a truth way.

# At the beginning :

- We think about something else while watching TV or playing.
- So we go from one truth to another. This suffered truth can then become false.
- Then something tickles us. We think there's something wrong.
- So we're looking for a truth, without naming it.
- If we are looking for more, then we are looking for his truth.

# His truth can be :

- His ancestors whom make it possible to anticipate his future.
- A religion that allows you to find yourself.
- A belief that pushes us to seek the truth without knowing our own.
- An example that asks to read books.
- Things. In this case, his belief is fallible because matter is imperfect. We can also confuse our desires with our way.

# We find happiness :

- Finding his truth and then the truth.
- Listening to music that makes you thinking to act.
- Searching for why is life.
- Creating projects that are useful to others.
- Writing a poem saying to yourself "if...".
- Dialoguing and then meditating.

# Once we search for his truth :

- We can write a diary or essays.
- We then awaken our spirit on ourselves with society.
- We confront it with nature, science.
- We undo our bad reflexes to replace them with truths from the same field that we think are safe.
- We create good practices through writing and dialogue.
- We meditate to think about society.

# His thought takes on value :

- When we write it.
- When we practice music that allows us to densify mind.
- When we make hypothesis. Then our soul makes a higher hypothesis, encompassing other hypotheses, as Plato wrote.
- When we confront it through politics with others.
- When we are close to nature with science.

# When we find an answer :

- We're happy.
- We bring the good news.
- We may have found the way to the truth.
- Then we want to get to know the world better.
- When we have confronted our truth, we can get tired of it and look for the truth.

# Seeking the truth :

- Is getting closer to what makes us.
- Is understanding nature in order to improve it.
- Is knowing where you're coming from and thinking about where we're going.
- It's finding the truth sometimes. This truth encompasses all truths, at any given moment.
- Then we are more serene, more persuasive, more sure.

# Ideas for a path of truth



- Free genealogy
  - Trips or walks
  - Communication at university
  - Reading of tales
  - Theater
  - Philosophizing with children
  - To love in order to be passionate
  - Creating
  - Building to design around yourself
  - Using the Musescore software and its plugins to learn music
  - Books by Matthieu Giroux on creativity :
  - [archive.org/download/EWrite](https://archive.org/download/EWrite)
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